

LINGER WITH THE LORD

Hints for Extended Quiet Time

*“He withdrew from there in a boat to a desolate place by himself...
He went up on the mountain by himself to pray.”*

Matthew 14:13,23

WHERE: Find a quiet place where you will not be distracted: a restaurant corner, a library table, a place outdoors, a hotel lobby (I have found that they love to look busy!), a church.

BRING: your Bible, notebook, prayer journal, pen, and any other aides, like a hymnbook, or study Bible. Leave your cell phone off, if at all possible.

Things to do

1 CATCH UP

Catch up on your Quiet Times.

2 PRAY (WITHOUT BEING RUSHED)

Enjoy a leisurely, unrushed time of prayer.

3 REMEMBER

From Proverbs 2:1-11, list all the benefits of being in His Word.

4 CONSIDER & RESPOND

Let your mind stretch all the way up to the heavens. Revel in His magnitude and glory and power and beauty. Praise and adore Him.

5 TAKE A DEEP DIVE

“Retire with Him to the deepest part of your soul.” (Brother Lawrence) Go down into the innermost part of you—those vast, unexplored regions of your inner world, and commune with God in intimacy and peace. Tell Him what He means to you.

6 LISTEN

Let Him love you. In the silence, listen for Him. Be open, eager.

7 WORD STUDY

Do a word study (bring a Bible with a concordance)

8 EXAMINE PRIORITIES

Re-orient your goals or weekly schedule.

9 SUPPLEMENT

Read some favorite hymns or poems or prayers.

10 A.C.T.S.

Pray through the A-C-T-S acrostic.

11 WRITE A LETTER

Write out a letter to God. Seal it until your next extended time with Him.

12 MEDITATE OR MEMORIZE

Meditate or memorize Scripture

“And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.” – Mark 1:35

