

"Hours in a Week"

ANSWERING THE QUESTION

"Do I have **30 minutes a day** to read God's Word?"



59hrs - 60hrs per week equals

~ 8.5hrs
every day(!) for...

...eating, shopping, reading, social media, exercise, housework, friends, car repair, bills, extra Bible study, good deeds, volunteering, fun with make up, laundry, bubble baths, letter writing, baking, gardening, napping, you name it!

Reading your Bible for **one half hour a day, six days a week** really isn't that much.

It's three hours out of 168 hours each week. You can do this!

And remember, our souls find rest in God alone (Psalm 62:1).

