

Jani's Cinnamon Rolls



Make Sunday morning the best morning of the week!

Ingredients:			Hints:
	2 pkgs active dry yeast ½ C warm water ½ C lukewarm water (scalded, then cooled) ½ C sugar	☐ 1 teas salt☐ 2 eggs, room temp☐ ½ C soft butter	Try to use ceramic bowl that is warmed, and let dough rise in warm place with no drafts.
		Method:	
1	Dissolve yeast in warm (hot to the touch—like a warm bath) water. Stir in milk, sugar, salt, eggs, butter and 3 C flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle.		
2	Turn dough unto lightly floured board; knead until smooth and elastic (5 minutes?). Place in greased, warmed bowl, turn greased side up. (At this point dough can be refrigerated 3-4 days) Cover; let rise in warm place until double, about 1.5 hours. (Dough is ready if impression remains when touched.)		
3	Punch dough down. Roll dough into two rectangles, 15x9 inches. Spread with butter. Mix $\frac{1}{2}$ C sugar with 4 teaspoons cinnamon and sprinkle over rectangles.		
4	Roll dough up, beginning at wide side. Pinch edge of dough into roll to seal well. Stretch roll to make even.		
5	Cut into 15 slices. Place slightly apart in greased 13x9"pan (or sometimes I cut in 12 pieces and put into muffin tins). Repeat with second roll. Freeze half of them for future enjoyment!		
6	Let rise until double. If frozen, let rise over night, covered with light towel or greased saran wrap.		
7	Bake 25-30 min. at 375. While warm ice with: 1 $\frac{1}{2}$ C powdered sugar, 1 Tbsp milk, $\frac{1}{2}$ teas vanilla, mixed until smooth.		

